

THE LANTERN

NEWS OF THE PARISH OF ST ANDREW'S BREDFIELD



Photo Stewart Belfield

MARCH 2024



FROM ST ANDREW'S MINISTRY TEAM

Lenten Hope

Hope is one of the most amazing qualities for Christians. It is hope that keeps us going when things seem tough and the world seems uncertain. It is hope that helps us believe in a better day, whether it is in response to the uncertainties of dreadful world news, the King's diagnosis of cancer, or a personal situation that we are facing.

Naturally, with Easter approaching at the end of the month, people are thinking about the tradition of abstaining over Lent. The six weeks of Lent leading up to Easter are an opportunity to pause, reflect and refocus our spiritual lives. It is modelled on Jesus' own 40 days in the wilderness (although Lent is actually 46 days as it does not include the Sundays). There he was tempted to be seduced by worldly powers and desires, but he withstood those temptations. How? By focusing on the will of God.

Whilst it's right and proper to give up something, let's remember that the purpose is refinement and to help us draw closer to God. We are called to be an Easter people full of hope 365 days a year. We have so much to be thankful for, cause to worship and celebrate.

With the longer Spring days, having been through the winter, we start to see the promises of spring being realised around us. There will be some warmer days, there will be some relaxing days, there will be some exciting days, and there will be moments of celebration and of joy.

As we go through March and look towards the bright light of Easter, this is a perfect time for all of us to reflect on our lives, and on who we truly are, and to focus on the one who not only gives life and being, but also meaning to our lives; the one who through the death and resurrection of Christ gives us true life. For not only does this bring hope, joy, peace, and fulfilment, that the world can never give, it also gives us the ability to keep going through the challenges, temptations, pain and uncertainties of life.

With my love, prayers and every blessing,

Charles Trefusis
Rector

Bredfield Church 100 Club

Subscriptions are now due to be paid for anyone belonging to the 100 Club. The cost is **£12** for the year; First prize is £25 and second prize is £10. The draw takes place on the first Sunday in each month. Anyone wishing to join should contact **Rosemary or John McCarthy on 01473 737276.**

Food Bank

Since its inception following our Harvest Festival in October last year, our foodbank collection has proved to be extremely successful with over 15 full boxes being delivered to the Salvation Army food bank in Woodbridge. Thank you for your generosity. There are collection boxes in the shop and in the church porch and these will remain there for the foreseeable future so that we can continue to offer our support to those who are struggling in these difficult times. Please double check any use by dates as anything close to or beyond its use by date will not be accepted by the Salvation Army.

DIARY DATES

Mothers' Day Posies – Saturday 9th March

Come along to the Village Hall car park on **Saturday 9th March 9.30am - 12.00pm** and make a Mothers' Day posy of pretty spring flowers to give to a family member, friend or neighbour. There is no charge, but St Andrew's is raising money in aid of Christian Aid's Middle East Crisis Appeal and any donations would be welcome.



Coffee and Cake



Do join us for a Coffee and Cake morning in St Andrew's Church Room in March. These will be held on **Tuesday 12th and Thursday 28th March** all between **10am and 12pm**.



Bredfield Book Club

Friday 1st March

7.30 – 9.30

Village Hall Field Room

This month's book is

The Appeal

By Janice Hallett

Paid Bar

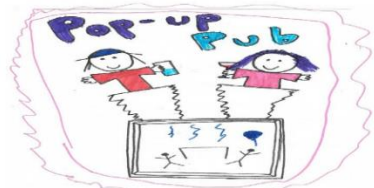
For more information

Lynn Taylor

denizataylor1@gmail.com

April – White Teeth by Zadie Smith

May – Lessons in Chemistry by Bonnie Garmus



Artwork by Florence Seaton

POP-UP BAR

FRIDAY 15TH

MARCH

6.00 – 10.30PM

ALL WELCOME

BRING FRIENDS AND

FAMILY AND

ENJOY A NIGHT OUT

CARD PAYMENTS ONLY

The Big Plastic Count 11-17 March 2024

Nearly 100 billion pieces of plastic packaging are thrown away by UK households every year, and just 12% is recycled in the UK. I wonder how much plastic is thrown away here in Bredfield each week?

We all want to care for creation, be aware of climate change, and actively consider longer-term changes in lifestyle. Counting the amount of plastic that we use will make us more aware and will help the government take the plastic crisis seriously.

So, why don't you join the thousands of households, schools, community groups and businesses who will all be counting their plastic waste for an entire week – **11-17 March 2024** in the **Big Plastic Count**?

You can find out more about the Big Plastic Count and sign up at:

<https://www.tearfund.org/campaigns/rubbish-campaign/the-big-plastic-count> and there are also more details on the St John's website: www.stjohnswoodbridge.org.uk

Charles Trefusis

Pilgrimage Taster Day - Saturday 16 March 2024

Enjoyed the New Year's Eve walk but would like to go further? Enjoy walking with a purpose? Want time to reflect? Want to make new friends? Or watched 'Pilgrimage' on BBC iPlayer and wondered what it would be like?

There is an opportunity to join a pilgrimage 'taster' day walking from Bredfield to Tuddenham a distance of 10 miles (with a possible half-day 5 mile option to Grundisburgh). We will be following part of a new 75 mile pilgrimage route from Dunwich to Bury St Edmunds passing places associated with the Suffolk Saint Botolph.

Sorry no dogs (on this occasion).

To find out more or **to book a place** please contact Roger (email r.ackerley@talk21.com or ring 01394 384805).

EASTER AT ST ANDREW'S

Churchyard Tidy and Easter Garden Making

On **Saturday 23rd March 10.00-12.00** we will be having a churchyard tidy up and making an Easter Garden in readiness for Easter. **Everyone welcome**, whether to help make the churchyard look its best or to make an attractive Easter Garden display for the Easter services. Light refreshments will be served.

Do join us for our Easter services – **everybody is welcome!**

Palm Sunday,

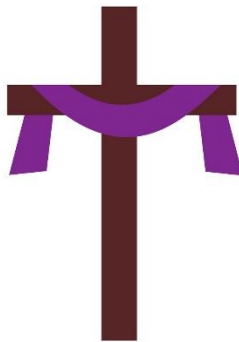
On **Sunday 24th March** we will begin our Palm Sunday service with the traditional procession from the village hall car park to the church, starting at **10.00am**.

Good Friday

For a time of quiet reflection, there will be **An Hour at the Cross** starting at **2pm** on **Good Friday, 30th March**.

Easter Sunday

We will celebrate **Easter Day, Sunday 31st March**, with a communion service at **10.00am**.



SAVE THE DATES!

St Andrew's PCC AGM (APCM) 28th April

Sunday 28th April at 10.00am in the church. There will be a short Service of the Word at 10.00am, followed immediately by the APCM. All welcome. Those on the Church Electoral Roll are eligible to vote at the APCM (please contact John McCarthy as soon as possible if you wish to be added (01473 737276)).

Beat the Bounds Walk

The annual **Rogation walk** will take place at **2pm on Saturday 27th April 2024**

Pop-up Bar and Pizza Night

Following on from the success of the Chinese New Year evening, there will be a **Pizza Night** on **Friday 24th May** in the Village Hall.

Ride & Stride

This year's **Ride & Stride** will take place on **Saturday 14th September 2024, 9am-5pm** (iao Suffolk Historic Churches Trust)

From our neighbours in Dallingham:



NEWS FROM BREDFIELD

Chinese New Year

On 16th February the village hall was decorated in red and gold as the regular pop-up bar evening became a celebration of Chinese (or Lunar) New Year. The inspiration of Angela Dean, the celebration took the form of a shared meal, delivered by the Golden Panda of Woodbridge. We were treated to a choice of 3 tempting dishes, together with spring rolls and a seemingly endless supply of prawn crackers. As well as the usual selection of drinks, the bar also offered Chinese beer. A great evening! Thank you to Angela, Tim and the many people who worked hard to make the evening such a success, with particular thanks to Hilary and Lynn who ensured that everyone had plenty to eat.



Photos Nik Bestow

Memories of Bredfield School: Peter Daniels



Back in September we published a copy of this photograph of Bredfield Village School, taken in (or around) 1953 and asked if anyone had some memories. One of the people who got in touch was Peter Daniels, who has lived in Bredfield almost his entire life.

Sitting cross-legged and with arms folded in the middle of the front row, Peter is surrounded by friends, neighbours, teachers and other staff, almost all of whom he can still name and recall where they lived.

Peter remembers the school as having one main classroom that had a curtain across the middle to be able to divide it into two, as well as separate outside toilets for boys and girls. He recalls that the lessons were very traditional, taught by two teachers – Mrs King (the Headmistress, usually known as ‘Teacher’) and Mr Coggins – as well as by the Rector, Rev Stott. His abiding memory is not so much of the actual lessons, but of the various mischief-making that brightened up a bored schoolboy’s day. He clearly remembers children (always boys!) being chased around the classroom by an angry, cane-wielding teacher and also recalls that the fashion for girls to wear their hair in long plaits was often far too tempting for boys sitting behind them who couldn’t resist tying them to the chair backs. Peter assures me, though, that he was only ever a witness to such things! He also has fond memories of playing in the school playground as the front of the school (before the garage was built) and of school dinners: a hot meal every day prepared in the separate kitchen at the back of the school by three cooks, Mrs Kersey who

lived at Green Farm, Mrs Waterman who lived in one of the council houses on Woodbridge Road and Miss King, who was related to the Headmistress.

Peter's brother was one of the first pupils to attend Farlingaye High School when it opened in 1955. Peter joined him a few years later. There was no school bus in those days, but the County Council provided each child with a bicycle, almost certainly second-hand, to travel to and from school!

Born in Woodbridge, Peter and his family moved to Bredfield in 1949 when he was very young to help look after his maternal grandmother at Church Farm. Originally from Burgh, Peter's maternal grandfather had worked with horses in London before buying a pub in Stowmarket (without even having seen it!) so that he could return to Suffolk. By this time, he had been married and widowed. In Stowmarket he met a young widow working at Elmer's Bakery next door (which she had most likely inherited from her late first husband). They married, sold up to buy Church Farm and moved to Bredfield. They had a dairy herd, as did the Freemans at that time, and Peter remembers playing in the milking shed at what is now Ashford and Brooks. His grandfather owned a lot of land in Bredfield, including the land that is now Robletts (and had been known as 'Robletts Meadow' before it was developed), where he built a bungalow using materials from former army huts, and the field adjacent to it that had housed a searchlight during the War. He also owned land opposite the village hall where they once kept pigs.

It is often said that in the past people tended to stay where they were brought up, but that nowadays everyone moves around. There is clear evidence of such movement in Bredfield, most noticeably from the 1970's when BT (as it is now) moved to Martlesham bringing many workers with them, many of whom still live in the village. However, it is clear from talking to Peter that there is still a large proportion of villagers who have stayed in the area all their lives and that a lot of people are related to a lot of others in the area. While talking with him, I learnt of many local family connections that I had been unaware of before.

Alison Cannard

We Live Here...

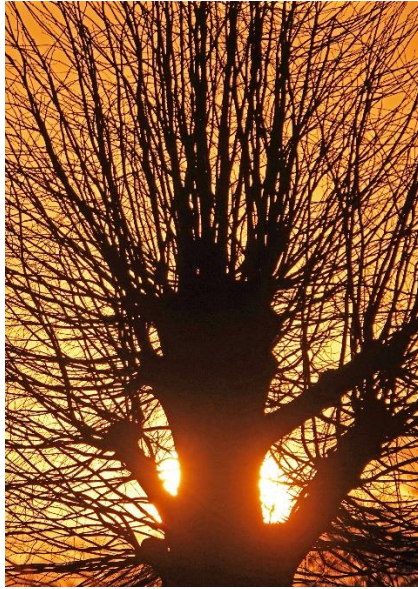


Photo Stewart Belfield

... with a final thanks to everyone who responded, the contributions to the winter photos for this project can be found on the village website:

<http://bredfield.onesuffolk.net>

Thank you to everyone who shared their photos during spring, summer and winter.

We are proud to live in Bredfield, curious about the lives of those who live and lived around us, and enjoy sharing our experience of where we live - through photos.

Thank you!

Julie Crabb

BREDFIELD PARISH COUNCIL REPORT

Flooding

Over the next 2 years Suffolk County Council will investigate 48 locations that were flooded following Storm Babet, prioritising by severity.

Bredfield is 22nd on the list.

The Parish Council discussed five areas of particular concern; Ufford Road, Perseverance Cottage/ Potash Corner, Caters Road, Pump Corner and The Shingles.

The following actions were agreed:

- Remind all landowners and individuals of their responsibilities for ditches and drainage (please see separate notice in the Lantern).
- Address culvert and ditch maintenance around the Jubilee Meadow.
- Send a letter to our County Councillor expressing concerns over road culvert maintenance.
- To be part of any Flood Resilience and Prevention proposal initiated by the Community Partnership.

Grateful thanks were expressed to Grahame Taylor for his help in furthering matters for the greater good.

The Forge Planning Application

East Suffolk planning are currently awaiting further information in respect of outstanding matters raised by consultees (including ecology, landscape and highways) before considering the proposed development.

Updates on other planning applications can be found in the formal minutes.

Village Walks

As part of the East Suffolk initiative to 'Support, encourage and enable everyone to become more

active' we are proposing to hold monthly village walks.

Depending on appetite we may include an optional litter pick element.

If you are interested please contact Linda Buckman, the Parish Clerk, at bredfieldpc@gmail.com.

March Hare

New Shop Canopy

The Parish Council agreed to fund a replacement shop canopy - the existing awning being in poor condition.



Replacement Defibrillator

The new Defibrillator is now in place and can be found on the wall by the village shop.

The next full Parish Council Meeting is at 7:30 on the 25th March in the village hall.

As always full minutes of Parish Council meetings together with District and County Councillor updates can be found on the village website.

Nik Bestow

STORM FLOODING IN BREDFIELD

The recent storms and heavy rainfall resulted in flooding locally, with subsequent damage to several homes in Bredfield. The County Council has a statutory duty to investigate probable causes and recommend actions by relevant authorities and landowners.

This investigation is now underway, and it has been established that over 40 communities have reached the criteria needed to be included in the enquiry. This will include Bredfield, although with so many incidents to look at, the most seriously affected communities (such as Framlingham) will be prioritised. This means that it may be a little while before the focus turns on Bredfield, and it may take up to two years for all the work to be completed.

In the meantime, the County Council have asked that local communities capture as much information as possible about where flooding occurred, where the water came from and how many properties were affected. If you have reported flooding on the County Council Highways tool, your information has been noted. The PC will also work with landowners to identify potential problem areas.

Bredfield Parish Council is now actively collating all this information so that the evidence is available for County Council investigation team. If anyone has any additional information covering the event, especially around the areas affected and would like this to be added to the evidence, please contact BPC – email address: bredfieldpc@gmail.com

Although the level of rainfall was exceptional, it would seem blocked or overgrown ditches were part of the problem. There are ditches in the village which border private properties, and some of these have become overgrown or filled in, which means they no longer function correctly.

It is the responsibility of the owner of the land to keep watercourses, including ditches, clear and the Parish Council wants to remind all households of this responsibility and remember – if a ditch runs alongside your house then you are likely to be responsible for the maintenance. In particular with roadside ditches, the highway boundary lies along the verge or bank closest to the road and the adjacent landowner is the owner of the ditch.

David Hepper: Bredfield Parish Council

NATURE NOTES

In the skies over Bredfield, three large birds are now to be seen: Buzzard, Red Kite and Raven. If you had looked at the same sky 40-50 years ago, almost certainly, you wouldn't have seen any of them. All three birds are making a welcome return.



Photo Steve Stammers

Photos Stewart Belfield

Come the warmer weather of Spring, Buzzards are the most likely bird of this trio to be seen. They soar on any available thermals – often in pairs or larger numbers – uttering their familiar ‘mewing’ call. Red Kites are becoming an increasingly more likely bird to see, especially in April and May. Watch this bird cruise overhead, slowly and confidently angling its forked tail and long wings to master flight. When the sun illuminates their red feathers, Red Kites look magnificent! Ravens remain the least likely bird to be seen, but there

have been several sightings over Bredfield in recent years. Almost always, the presence of a Raven is signalled by its loud, deep ‘cronking’ call. You might think that Ravens are birds of mountainous terrain, but historically they were at home in Suffolk. Consider those local place names: Ravenswood, Ravenscroft. They are returning to their ancestral home.

What happened to make these birds retreat from Suffolk and seek a refuge in the mountainous areas of Wales, northern England and Scotland? The answer is clear: they were shot, trapped, poisoned and general persecuted into local extinction. The history of the Red Kite is particularly interesting, and it reveals how our perception and labelling of nature is relative and shifts over time.

In medieval times, Red Kites were extremely common in British cities, especially London. They served a crucial service, clearing up the carcasses and rotting meat that littered London streets. This service was recognized and the birds were protected by Royal Assent. Killing a Red Kite was a capital offence. This all changed by the mid-16th century, when the status of Red Kites shifted from royal protection to being labelled ‘vermin’. Parishes paid bounty for the killing of Red Kites. Mistakenly, these birds were seen as killers and robbers of livestock and domestic animals. In the 20th century, perceptions changed again, and actions – such as reintroduction schemes – have been successful in saving the Red Kite. Thankfully, we are now almost back to where we were before.

You might now be asking, what do these birds feed on? Though they are magnificent birds, their feeding habits are rather less than glorious. Given the choice, Buzzards, Red Kites and Ravens all prefer carrion (such the carcasses of deer and rabbits) to catching their own food. The birds are providing us some service by clearing all this away.

If you see a Red Kite or hear a Raven over Bredfield, please enjoy the experience and then let us know by reporting it via the ‘Bredfield Wildlife-friendly Village’ group Facebook page, or via the contact page on our website. It is helpful for us to keep a record of occurrence and behaviour these birds, especially Ravens. Thank you.

Stewart Belfield

<https://bredfieldwfv.org.uk>



SEASONAL RECIPE FROM THE VILLAGE SHOP

At this time of year we all look forward to spring and some new vegetables - but we're not quite there yet! So this month, let's make the most of the remaining winter LEEKS, rich in potassium and iron, and vitamins B and C, and thought by the Romans to cure nosebleeds! Here is a nutritious recipe:

LEEK AND MUSHROOM CROUSTADE

75g breadcrumbs
75g flaked almonds
75g ground almonds
1 small onion, peeled and grated
75g butter
225g leeks, washed and sliced
225 g mushrooms, sliced
180ml Greek yoghurt
A pinch of nutmeg

Mix together the breadcrumbs, flaked and ground almonds, onion and melted butter, until like crumbly pastry. Press into a greased 20cm flan dish and bake in the oven at 180°C for 20 minutes, until crisp and golden. Fry the mushrooms and leeks for about 10 minutes when all the liquid should have evaporated. Spoon on top of the croustade. Swirl the yoghurt over the vegetables and sprinkle a little nutmeg over the dish. Return to the oven and heat through for a few minutes.

All the ingredients are in stock in the shop, and some extra ideas for enjoying leeks.

Don't forget Alvina's lovely jams, jellies and chutneys, and lots of other local produce!

Kate Pirkis



PRAYER FOR THE MONTH

'The Prayer of St Patrick', also known as 'St Patrick's Breastplate', recognises the closeness of Christ in every part of our lives. He is within us, beside us, in those around us, and we can call on him to provide us with all the protection and resources that we need in our daily walk with Christ. It was originally a prayer for protection in battle, but it speaks to us about battles of many kinds, including battles in mental health, physical health, uncertainties in life, and other daily battles people face.

I love this prayer as it is based on the idea of our being surrounded by God from every single angle, and the protection that He brings us in every area of life.

Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left,
Christ where I lie, Christ where I sit, Christ where I arise,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of every one who speaks to me,
Christ in every eye that sees me,
Christ in every ear that hears me.
Salvation is of the Lord.
Salvation is of the Christ.
May your salvation, Lord, be ever with us. Amen

Let me encourage you to pray this prayer every day throughout the month, and as we go through Lent.

Charles Trefusis

When You Are Old

When you are old and grey and full of sleep,
And nodding by the fire, take down this book,
And slowly read, and dream of the soft look
Your eyes had once, and of their shadows deep;

How many loved your moments of glad grace,
And loved your beauty with love false or true,
But one man loved the pilgrim soul in you,
And loved the sorrows of your changing face;

And bending down beside the glowing bars,
Murmur, a little sadly, how Love fled
And paced upon the mountains overhead
And hid his face amid a crowd of stars.

WB Yeats

(suggested by Anne Henderson)

100 CLUB WINNERS

February 2024

1st Prize	No.12 A Crisp
2nd Prize	No.63 A Pilgrim

USEFUL INFORMATION

St Andrew's, Bredfield

Rector: Rev Charles Trefusis

Churchwardens: Stephen Stammers and Paul Cannard

For all enquiries regarding St Andrew's, contact:

the Churchwardens on churchwardens.bredfield@gmail.com or call Steve Stammers on 01394 384371 or 07704 856005

St John's church office on 01394 383162 or info@stjohnswoodbridge.org.uk

For information about the Benefice of St John's and St Andrew's go to www.stjohnswoodbridge.org.uk

Bredfield Village Shop opening times: Monday – Saturday 9.30-12.30

Want to know what's happening in the village? Check out the website

<http://bredfield.onesuffolk.net>

For regular info updates- join our MailChimp email group. Email Anne Henderson - henny@dircon.co.uk and she will add you to the MailChimp list

Want to know about the Village Hall and Bredfield Wildlife Friendly Village

– check out <https://www.bredfieldvillagehall.org.uk>

<https://bredfieldwfv.org.uk>

BREDFIELD PRAYER CIRCLE

The Bredfield Prayer Circle is a group of Parishioners united in prayer for the needs of our community. The Prayer Circle operates in confidence. It does not discuss your requests but simply includes your needs with their private prayer. Please give just a first name and enough details to make your request meaningful to those who will be praying with you. If you are in need of prayer, or praying yourself, and would like the prayer of others please contact Anne Ackerley 01394 384805 or Alison Cannard 01473 737707.

Please send any contribution for April's Lantern to Alison Cannard at lantern.bredfield@gmail.com , 01473 737707 by 8th March.

MARCH/APRIL SERVICES AT ST. ANDREW'S

Sunday 3 rd March	Holy Communion <i>'The Power of Story'</i>	9.15am
Sunday 10 th March MOTHERING SUNDAY	Service of the Word	<u>10.00am</u>
Sunday 17 th March	Holy Communion <i>'Being Practical'</i>	9.15am
Sunday 24 th March PALM SUNDAY <i>Starting at <u>Village Hall</u></i>	Service of the Word <i>'Easter: Darkness to Light'</i>	<u>10.00am</u>
Friday 29 th March GOOD FRIDAY	An Hour at the Cross	<u>2.00pm</u>
Sunday 31 st March EASTER SUNDAY	Holy Communion	<u>10.00am</u>
Sunday 7 th April	Holy Communion	9.15am
Sunday 14 th April	Service of the Word	9.15am
Sunday 21 st April	Holy Communion	9.15am
Sunday 28 th April	Service of the Word	9.15am

DIARY DATES AT A GLANCE

Friday 1 st March	Book Club
Saturday 9 th March	Mothers' Day posy making
11 th -17 th March	Big Plastic Count
Tues 12 th , Thurs 28 th March	Coffee and Cake morning
Friday 15 th March	Pop-up bar
Saturday 16 th March	Pilgrimage Taster Day
Saturday 23 rd March	Churchyard tidy-up and Easter Garden making

DUE TO HOLIDAYS, PLEASE SEND ANY CONTRIBUTIONS FOR APRIL'S LANTERN BY FRIDAY 8TH MARCH. THANK YOU!