

## **Small Group study material – Autumn 2010**

This Autumn Small Groups are being encouraged to use the Just 10 Study Guide which will complement the sermon series. To encourage this further each Small Group will be given a copy of the handbook. Further copies can be purchased from the information point in church or from the office for £2 per copy – group leaders may decide to recommend that everyone has a copy as it will save a lot of reading out loud from the book. There is also much more relevant and helpful information in the handbook than it will be possible to cover in small groups – even if your group doesn't wander from the point!

In the handbook each commandment is covered over two weeks meaning that to cover all ten commandments in small groups would take twenty weeks. The following is a suggested way of editing two weeks into one so that the ten commandments are covered in ten weeks. As always, please edit or use the source material and what follows in whatever way is helpful to you and your group.

Group leaders will, I suggest, find it helpful to read the introduction in the Just 10 Study Guide before starting (p. 6-14).

## **Week 1 – Find True Contentment** (p.15)

*You must not covet ... your neighbour's donkey ... or his yellow Ferrari*

### **Starter (welcome)**

Second b) on p.16 “If you go shopping in a big city...”

or

2 a) “If aliens observed...”

### **Study (word)**

Old Testament

b) on p.17 based on Exodus 20:17

*If your group likes a challenge suggest that they look at 4 b) on p. 18 (1 Kings 21:1-19) before the next meeting.*

New Testament

Look at either 5 a) and b) on p.19

or

6 a) b) and c) on p.19-20.

Summary on p.21

9 a) “Think about coveting...”

9 d) “So what?...”

### **Stepping out (witness)**

Look at the practical suggestions at 10 a) on p.22. Which are helpful or relevant to you?

10 c) “Questions to think about” on p.23. Look at v) “How do we share the good news of Jesus...”

Conclude by praying for any issues that have come up and for any concerns in the group.

*Sermons in church on this commandment on October 3<sup>rd</sup> (Harvest)*

## **Week 10 – Live by priorities** (p.104)

*You must have no other gods but me*

### **Starter (welcome)**

1 a) first and fourth points on p.104

### **Study (word)**

Old Testament

3 a) Exodus 20:1-3 on p.105 and

4) Deuteronomy 18:9-14 on p.106

New Testament

5 a) Matthew 4:8-10 and c) John 14:20-24 on p.107

### **Summary**

Look at one or two points from 7 a) and b) on p.108

7 c) points ii) and/or iii)

### **Stepping out (witness)**

8 a) on p. 109 and 8 c) iv) on p.110

*Sermons in church on this commandment on December 5<sup>th</sup>*

## **Week 9 – Know the real God** (p.95)

*Don't worship idols ... computer games ... fashion ... family ...*

### **Starter (welcome)**

1 b) on p. 96

*If there is time also look at 2 b) on p.96*

### **Study (word)**

Old Testament

3 a) Exodus 20:4-6 and b) Exodus 32:4-9 on p.96

New Testament

*Read the short para near the top of the page on p.99 beginning, “On the surface...”*

5 a) and b) on p.99

6 a) on p.100

### **Summary**

7 a) first point on p.100 beginning, “Do we put things...” and

7 c) first point on p.101 beginning, “Why does God...”

### **Stepping out (witness)**

8 a) second point on p.101 beginning, “Do a spiritual audit...”

Consider one of the questions at 8 c) on p.102

*Sermons in church on this commandment on November 28<sup>th</sup> (Advent Sunday)*

## **Week 2 - Hold to the truth** (p.24)

*Do not testify falsely ... don't tell porky pies about people*

### **Starter (welcome)**

1 a) on p.24 and the para near the top of p.25 that starts, “Try to answer the following...”

*If time look at 2 b) on p.25*

### **Study (word)**

Old Testament

3 a) on p.26 based on Exodus 20:16

New Testament

4 a) on p.28 and 4 c) on p.29

*You may not have time to look up all the references, be selective.*

Summary on p.30 - 5 a) third point, “What is the effect of lying...” and 5 c) ii) “Discuss whether the following actions...”

### **Stepping out (witness)**

6 a) on p.31

Homework: look at 6 b) on p.32 over the coming week.

*Sermons in church on this commandment on October 10<sup>th</sup>*

**Week 3 – Prosper with a clear conscience** (p.33)

*You must not steal ... it's not good to nick things (it didn't really fall off the back of a lorry)*

**Starter (welcome)**

1 b) on p.33

*You may not want to consider all the scenarios given.*

Consider how would you define theft? What is the opposite of theft?

2 c) on p.35 “Who has been strongly tempted...”

**Study (word)**

Old Testament

3 a) b) and c) on p.35

New Testament

5 a) and b) on p.38

Summary on p.40 – 7 a) and b) and c) point iii)

**Stepping out (witness)**

Think about what you need to change.

Look at 8 a) on p.41 and if time 8 c) i) and iv) on p.43

*Sermons in church on this commandment on October 17<sup>th</sup>*

**Week 8 – Take God seriously** (p.86)

*Do not misuse God's name ... even when your husband/wife backs your new car into the garage door*

**Starter (welcome)**

1 a) on p.87 starting, “Over breakfast...”

**Study (word)**

Old Testament

3 a) on p.88 and c) on p.90

New Testament

5 a) and d) on p.91

Summary

Discuss one of the questions at 7 b) on p.92

*If there is time look at 7 d) on p.93*

**Stepping out (witness)**

Think together about one or two of the practical suggestions at 8 a) on p.93

*Sermons in church on this commandment on November 21<sup>st</sup>*

## **Week 7 – Stop driving yourself crazy (p.75)**

*Observe the Sabbath day ... by going to Tesco and playing golf?*

Read to the group p.75

### **Starter (welcome)**

Make sufficient copies of the chart at 1 a) on p.76 for the group then complete it and discuss.

*or*

Discuss the fourth and/or fifth points under 1 b) on p.77

### **Study (word)**

Old Testament

3 b) Exodus 16:11-30 on p.77

3 d) Exodus 31:12-18 on p.78

New Testament

5 a) Luke 4:14-16 on p.80

5 b) Mark 2:23 – 3:6 on p.80

*If there is time look at 5 e) Colossians 2:16-17 on p.81*

### **Summary**

How can we balance keeping Sunday as a day of rest and having it as a day for worship? p.82

7 c) ii) and iii) on p.83

### **Stepping out (witness)**

Talk about how you spend your day off - 8 a) on p.84

8 c) v) and vi) on p.85

Conclude by praying for the matters raised and especially for those who have 24/7 responsibilities as carers.

*Sermons in church on this commandment on November 14<sup>th</sup>  
(Remembrance Sunday)*

## **Week 4 – “Affair-Proof” your relationships (p.44)**

*Do not commit adultery ... don't even THINK about doing it*

### **Starter (welcome)**

2 a) and b) on p.45

### **Study (word)**

Old Testament

3 a) on p.45 and

4 b) on p.48

New Testament

5 a) and b) on p.49 and d) on p.50

*If time look at some of the scenarios at 7 c) on p.52*

### **Stepping out (witness)**

8 a) third and fourth points p.53

8 c) Questions to think about on p.54

Conclude by praying as suggested at para 9 on p.54

*Sermons in church on this commandment on October 24<sup>th</sup>*

## **Week 5 – Manage your anger** (p.55)

*You must not murder ... or clock him one (however much he provokes you)*

### **Starter (welcome)**

1 a) the second bit, “Who has been a victim...” and b) on p.55

*Look at 2 c) on p.56 if you have time*

### **Study (word)**

Old Testament

3 (all parts) on p.56

*You will need to be brief if you are to cover all parts*

New Testament

5 a) and b) on p.59

*Recommend that people look at the personal study sections (4 on p.57 and 6 on p.60) at home*

### **Summary**

How often does our anger achieve anything useful? How often does it do more harm than good? (p.61)

Discuss one or two of the “questions to think about” at 7 c) on p.61

### **Stepping out (witness)**

8 a) on p.62

Pray for situations and areas of the world where there is conflict

*Sermons in church on this commandment on October 31<sup>st</sup>*

## **Week 6 – Keep peace with your parents** (p.65)

*Honour your father and mother ... and those who fulfil the role of parents?*

### **Starter (welcome)**

1 a) Discuss together one or two of the scenarios on p.66

### **Study (word)**

Old Testament

3 a) Exodus 20:12 on p.67 and

d) Deuteronomy 6:4-7 and Proverbs 22:6 on p.68

New Testament

5 a) Matthew 15:1-9 on p.70

### **Summary**

Look at one or two points from each section of 7 a) and b) on p.72

### **Stepping out (witness)**

Do 8 a) i) and 8 a) iv) together as a group. Invite people to do sections ii) and iii) at home during the week (p.73)

Discuss 8 c) iii) together (p.74).

Pray as suggested at section 9 on p.74

*Sermons in church on this commandment on November 7<sup>th</sup>*